



Mums & Tots of Warsaw



Summertime

Finally summer is here. The weather is pretty unpredictable at the moment, but summer there is no mistake – summer holidays are just around the corner. Summer time also means that some families are leaving Poland. To all of those leaving – good luck and have a fabulous time wherever life takes you. Valerie is leaving as well. Many thanks to her for her job as coordinator and for her valuable contributions and many good ideas for the newsletter.

We have quite a few activities in June: Family Day and Summer Bazaar. Finally a chance to declutter and maybe also find some much needed baby stuff. Read more about when and where.

Please note: The weekly activities are suspended in July and August (except on Tuesday in Odynca park). Have a nice summer! /Helle(editor) Katia and Valerie

Activities

Monday

The Toddler Play Group meets on Mondays from 10:00am-12:00am at different mums' houses. The first Monday every month it is held in The English Playhouse. Address: ul. Plycwianska 14 A (off Idzikowskiego). Coordinator is : Katia Roman-Trzaska

Monday afternoon group meet at Happy Montessori House in Wilanow – 14 Rumiana. (it only takes 15 min. from the centre by car!)
Time: 2.30 – 5 p.m. (they close at 5). Pani Urszula will provide us with coffee, tea, snacks, etc. for the small fee of 12 PLN.

Tuesday

The Tuesday Play Group meet at:
ODYNCA PARK (in Mokotów).
At 10.00 – 12.00
It is possible to buy coffee and snacks or even lunch from the various cafes and restaurants in the park.
For more information contact Oonagh Yeo

Wednesday

Preschool Play Group: Afternoon playgroup for children between 3 and 5 years of age. Venue: ODYNCA PARK!!
If the weather is bad: The English Playhouse. From 3.30 pm – 5.30 pm.
Address: ul. Plycwianska 14 A. Organizer: Aga Strak

Baby Swim: at SGGW (College of Agriculture) - ul. Ciszewskiego 10, Ursynow. Time: 10:00am - 11:30am. The price for mother & child is 21 PLN per hour. Organizer: Marie F

Thursday

Mini music: Informal musical playgroup in which mums take part.
Age: newborn to 3 years.
At 10 am – noon in different Mums Homes in Warsaw (see Schedule)
Organizer: Cornelia Preidelt

Friday

Bumps and babies. Age: Yet to be born to 18 months. In different Mums Homes in Warsaw (see Schedule). At 10:30 am - 12:30 pm
Organizer: Katia Roman-Trzaska until end of June Mariselle Fettke from July on

Playgroup at Happy Montessori house. From 10-12. Small feed.

Event Mums night out on Thursday June 21

Dear ladies... and gentlemen,

For the last Mums' night out before going our separate ways for the summer or for ever... we've decided to include the daddies!

Reserve your night for a great buffet dinner at Kwai on Thursday June 21 at 20.00.

Kwai Kuchnia

Ul. Marszalkowska 64

www.kwai.pl

My good friend Peter has prepared a special menu for us at the very special price of 100zł per person (service not included).

Drinks at Bar Below from 18.30 for those interested (downstairs from the restaurant).

If you want to join please send Marie Fahrenholz an E-mail:
mcmeunier72@hotmail.com

RSVP by before Monday June 18

**Picnic Family day on Sunday 3rd of June**

Join us for Family day – with your children and husbands for a nice and relaxed Sunday!

We will meet on Sunday 3rd of June in **Park Młociny** between 11am and 5 pm.

Bring your own picnic stuff, whether you want to have tables and chairs or just big blankets to put on the grass, food, (your own grill if you have one), drinks and charcoal if you want to BBQ!

The idea is just to enjoy a day outside with husbands and children. You can bring bikes, footballs, frisbees... anything your children like to play with.

How to get there:

Take Wybrzeże Gdynskie (the road to Gdansk following the river), pass the Old Town, pass Zoliborz, after the crossing with Marymoncka on the left, the road becomes Pulkowa.

Drive till the Mc Donalds and turn on the right there, continue driving on the dust road till you see a wooden playground on the left and you can park there.

If it is raining we will cancel. Fingers crossed that the weather will be perfect for a picnic.

Bazaar The summer bazaar on Friday 15th June

The Summer bazaar is a great opportunity to get rid of old things that clutter your storage or to buy great things at a good price!!

Plus it is always lovely to have a coffee and cake with friends and children in a nice garden...

Birthdays**The Summer Bazaar:**

When: It will take place on **Friday 15th from 10 to 1 pm**

Where: We thank Melissa Tovell who has kindly agreed to host our event. She lives on **ul. Bukowa 15** in Stegny, off Idzikowskiego.

How: Anybody who has anything to sell (books, clothes, baby stuff) needs to bring a "carpet" (ie a cloth) and put out the articles for sale on it.

M&T will charge 20 PLN per carpet which will be used for donation to an orphanage at the end of the year.

Anyone interested in selling should contact me by email as soon as possible so we can organize the space. valibulle@yahoo.fr

We also organize a cake and cookie sale where the money raised also goes to charity.

Happy Birthday**Ideas for Birthday parties for children**

Quite a few places do Catering and organized parties.

Here are some ideas. Thanks to all the emails about this topic.

**Kalimba**

Clarisse (mums and tots member) can organize parties for Babies by shop and cafe Kalimba in Zoliborz (<http://www.kalimba.pl>) It is a small but fantastic place!

In **Happy Montessori** ul. Rumiana Wilanow they can organize Birthday parties. They decorat the room and serve snacks and drinks for 12 pln/ person. They have beautiful garden with lots of toys.

Little Chef ("Where kids cook in Warsaw"), a cooking school for children organizes cooking parties with sweet or savory menus. They can either host up to 15 children in their professional kitchen or come to you with all the food. Children make their own cake or other delicacy, decorate it and then eat it. Choose from a variety of menus. For more information call Katia at +48 501 09 3691 or visit www.littlechef.pl

Last year Emily was celebrating her 4th birthday at **the cinema Silver Screen** on Pulawska. Kids were watching The Ice Age2 in "Platinum Theatre". Sweeties were included in the price. We brought our own drinks, birthday cake and pizza. There was a babysitter provided by the cinema to help with the kids. Parents could stay if the tickets were paid for them. Children could see the backstage, touch the equipment. I do not remember the price per child. The overall cost for about 20 kids plus a few adults was approx. 750zł excl. own food. Prices might have changed since then though. /Marta

.....

Pepeland 30 minutes north of Warsaw was good fun for an outdoor party – my daughter really enjoyed a party held there recently. They have a website of same name. / Kim

Another possibility is having a picnic in Powsin **Sport Park or in the Botanic Garden** behind this park. In the Sport Park you can find place for grill as well.

.....

The people who own Bacio (all three of them: Bacio, Piccolo Bacio, Bacio di Angelo) and Kwai offer a catering service for all occasions.

1)Bacio: Ul. Wilcza 43, 022-626-8303, ask for Pani Irena Przykaza, or Pani Ircza
www.bacio.bacio.pl

2)Bacio di Angelo: Ul. Wilcza 8 (same ladies as Bacio)

3)Piccolo Bacio: Ul. Hoza 58/60 (entrance from Pozanska), 022-622-6665, ask for Peter Przykaza

4)Kwai Kuchnia: Ul. Marszalkowska 64, 022-621-2181, ask for Peter Przykaza
piotr@kwai.pl

Cakes and birthdays stuff

Marriott makes fantastic birthday. For example: for the girls - a Barbie cake with a real Barbie on top.

Rob the magician is very entertaining and can cater for all ages in English & Polish.
Email: robthemagishyahoo.com

We're holding an arts party in June for my daughter using community artist Laura Evonne Steinman (handinhandarts.com) /Kim

Finally there's is a party shop in LAND shopping centre with all kinds of party favors, balloons, and millions of other stuff.

Daytrips

What to do o a hot summer day

Here are a few ideas

The Zoo is always a good choice. Children love it and it is wonderful to walk in the park with lots of trees in the shade.

Address: Ul. Ratuszowa 1/3. www.zoowarszawa.pl

(tip: if you go there by car – drive to the back end off the zoo (follow Wislostrada).

There is also a back entrance with many parking spots.)

Emper Yacht Resort, Nieporet. (ca. 40 minutes from Warszawa)

A yacht club where it is possible to rent boats, canoes and horses. It is next to a lake and there is a restaurant as well.

(Directions: In Nieporet - turn right onto Route 631 and right after to the left towards Bialobrzegi).

www.emperyacht.home.pl (in Polish)

Eating out

Good place for lunch

Arsenal is a Italian restaurant with outdoor tables in a nice courtyard. Just next to the tables are a playground with a sandpit and a climbing frame.

Good decent pizzas and Italian pastas. Nice Italian salad bar. Book a table because it can be busy in the weekends.

Address: Ul. Długa 52. Tel. 022 635 83 77

Art

Paintings, graphics and collages for sale

A Polish young artist (Adam) exploring different art techniques is offering small paintings, graphics and collages for sale. Small collection. Modern. Simple. Very personal. Prices from 50 Pln to 150 Pln. His work will be available from July 2007 at Marta Cross's house. Also planning children's collection for playrooms and bedrooms later this year. Highly recommended.

Call Marta on 0607 704 396 if you are interested or simply ask her on Mon/Thu Play Group.

Book

The Late Talker

Aniko recommend a book to other mums: The Late Talker.

Written by Marilyn C.Agin, M.D., Lisa F.Geng and Malcolm J. Nicholl. The publisher is St.Martin's Griffin 175 Fifth Avenue, New York N.Y.10010

'Unbelievably good book, easy reading in English, I can recommend to every mum without having any problem with their child'.

Short summary:

Every parent eagerly awaits the day his or her child will speak for the first time. For millions of parents, however, anticipation turns to anxiety when those initial, all-important words are a long time coming. Many worried parents are reassured that their child is "just a late talker", but unfortunately, that is not always the case.

Balanced with a mother's perspective and an acclaimed doctor's experience, this book gives parents advice on:

- Finding the right therapy and therapist
- Negotiating with school boards, teachers and language specialist
- Speech exercises to do at home with a child.

Classified

Looking for a nanny, babysitter ore housekeeper?

Summertime means that many families are leaving Poland. That means that nannies are looking for new jobs. Have a look at:

http://z6.invisionfree.com/Mums_and_Tots_Warsaw/index.php?showforum=3

Add

**Summer Club**

- Dates** 9 – 26 July 2007. Your child may join for the whole 3 weeks or selected days.
- Time** 9 a.m. till 3 p.m.(hot lunch included) or till 1 p.m. for younger group (without lunch)
- Theme** Journey through time.
- Age** 2-8 years old in two separate age groups.
- Payment** 90 zł per full day or 60 zł staying till 1 p.m. Siblings - 20% less for second child.
- Registration** e-mail : office@theenglishplayhouse.com . phone: 0 604 464 333. and additional information

Nanny Express

Nannies & Governesses



tel. +48 22 858 33 28

mob. +48 691 023 523

email: office@nannyexpress.pl

31 Witosza Avenue

00-710 Warsaw

Poland

Schedule

**Only The Tuesday
Play Group in
Odynca Park will
continue in July
and August!!**

Mums and tots Schedule for June

Monday

The Toddler Play Group - At 10 until noon

May 28 Hilary Davies
June 4 The English playhouse
June 11 Marie Fahrenholz
June 18 Clarisse Puharré
June 25 HOST needed

Tuesday

**The Tuesday Play Group in Odynca Park
From 10 until noon**

Wednesday

Preschool Play Group
ODYNCA PARK ore if rain: The English Playhouse. From
3.30 pm – 5.30 pm

Thursday

Mini Music - At 10 until noon

June 7 Bank Holiday - No Group
June 14 Jadwiga Bernie
June 21 Marie Fahrenholz
June 28 HOST NEEDED

Friday

Bumps and babies - At 10:30 am - 12:30 pm

June 1 Helen
June 8 No group – long weekend
June 15 No group - Summer Bazaar
June 22 Mary
June 29 – Tomoko